

STOP SMOKING. IT'S BETTER FOR YOU AND YOUR FAMILY.



COMMIT TO
QUIT
STOP SMOKING FOR
28 DAYS
& YOU'RE 5X MORE LIKELY TO
QUIT FOR GOOD

Scan the QR code for a range of **FREE** tools and support

Let's start stopping **TOGETHER**

Let's Keep Bolton
Moving > > >

**Bolton
Council**

NHS
Bolton

For more info visit: www.letskeepboltonmoving.co.uk/smoking

